RECEIVING HOLY COMMUNION

How to Make A Good Communion

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AT MASS — RECEIVE JESUS WITH DEVOTION

After the priest receives Communion, it is time for us to receive Jesus. So be sure to do the following:

- **Join the Communion Procession and sing the chants that tell of your love for Jesus.**
- **Bear in mind that you are going to receive the Body and Blood, Soul and Divinity of the Lord.**
- **Make the proper response when you reach the priest or minister of Communion.**

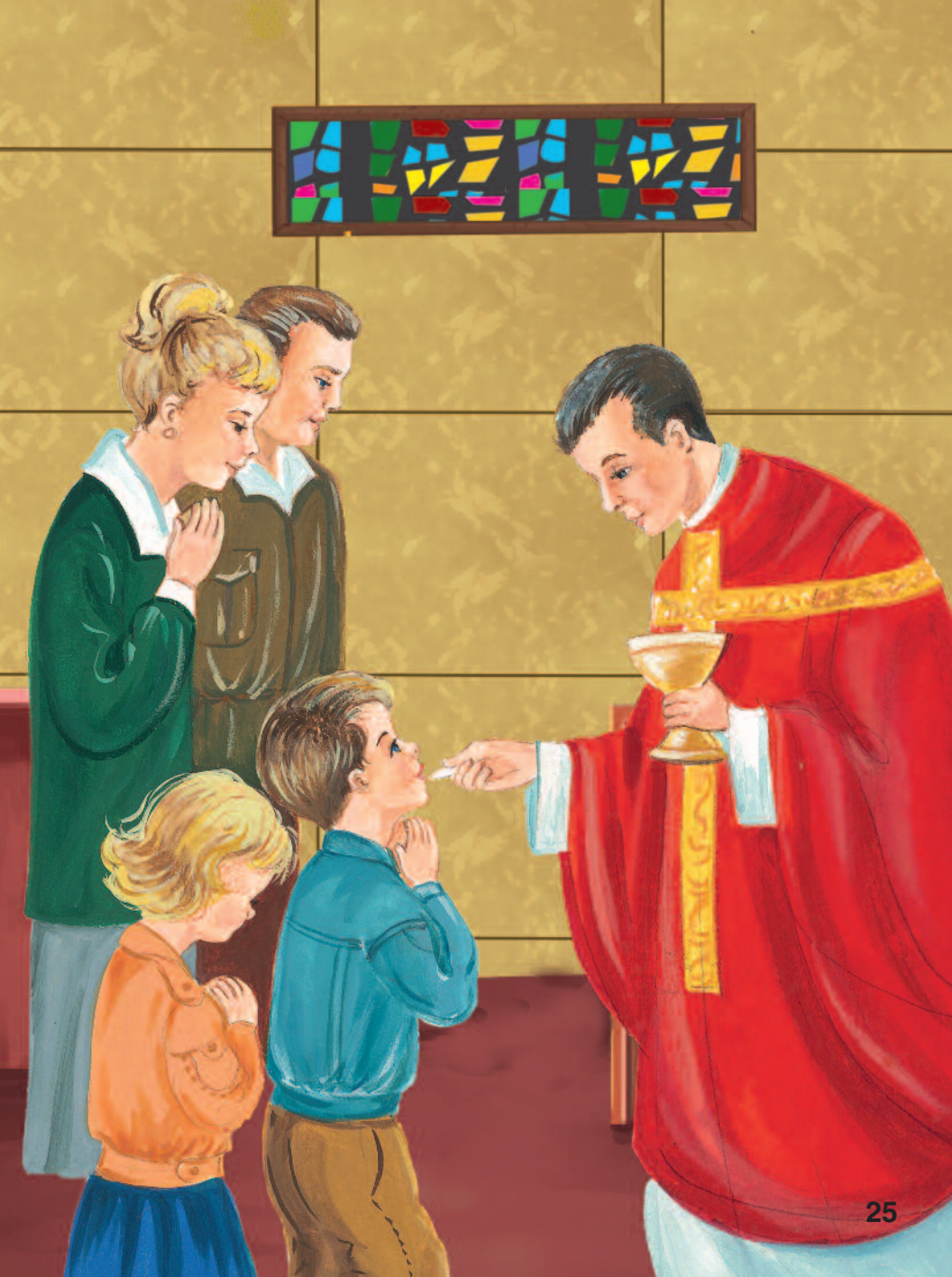
Priest or other minister: **The Body of Christ.**

- **Answer: Amen.**
- **Receive the Sacred Host on your tongue or in your hand.**

If the Precious Blood is to be received from the Cup, then one again answers Amen when the minister says: "The Blood of Christ."

Priest or other minister: **The Blood of Christ.**

- **Answer: Amen.**
- **Receive the Precious Blood from the Cup.**



JESUS IS WITH US IN THE TABERNACLE

Jesus is present under the appearances of the Consecrated Bread and Wine. The Church expresses this presence of Jesus in the Eucharist by preserving the Consecrated Bread in the tabernacle that is found in every Catholic church.

JESUS, I thank You
for staying in the tabernacle
day and night to be with me
and to hear my prayers
when I need Your help.

You are my best Friend.

I want to come to visit You often.

I want to show You how much I love You,
and to ask You to help me
and those I love.

O Sacrament most holy,
O Sacrament divine!

All praise and all thanksgiving
be every moment Thine!